

Astrology Guide to Igniting Your Inner Light



Venus Edition

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Finding Your Light Through Astrology

Looking to the stars for advice on personal matters is most effective, this facet of divining aids all who are open-minded to see the overall picture.

Imagine how much power you can harness just by understanding your cosmic blueprint?

We can simply look to our Sun sign to seek inspiration in terms of understanding the overall personality. However, there are endless facets of your own birth chart that can help you find personal and soul fulfillment. This in fact was a gift given to you at birth in order to reconnect back to your soul center.

First and foremost, our soul's happiness starts within. It all comes down with believing within your core that you are beautiful and deserving. Strength and confidence shine outwardly ten-fold even more than beauty products. Keep in the mind, that the world you see is your own inner mirror.

Your inner self is the key to transcending your outer world. Your soul and vessel go hand in hand. In order to facilitate the changes in your life, you have to see that it all starts with You.

We are all here to live out our soul experience, so why not enjoy the ride in discovering the beauty within you?

Your Sun, Rising, and Moon

At a glance....

As for serving your soul needs, you can look to the power of your own birth chart to attain happiness and fulfillment. This will involve you knowing the big three, aka, Sun, Rising, and Moon sign.

Your Sun sign contains the essence of our core being and our capabilities. This is the mark of the day and season you were born under, and is the overall destination of your soul experience.

The Rising sign is what type of window in which you view the world, and how the world sees you. Knowing your time of birth is essential into fully understanding the life themes that are to be experienced. This is the soul armor you were bestowed at the very beginning.

Your Moon sign is represented as your past, emotions, and your inner child. This expression is also most felt, and seen by others between the ages of newborn to pre-teens.

Let us continue by how to work with your natal Venus in order to tap into your inner light.

How Venus Can Be Used To Beautify Your Life

Venus in your natal horoscope represents how you love and see beauty. However, in order to fully tap into this gift in your birth chart, you will have to understand the soul meaning which is the clue to uncovering your inner revelation. Through understanding that our external personality is the setback to attaining our inner beauty, you can be free from the confines of conformity.

Societal pressures of molding yourself as a “mainstreamed” perceived beauty is what will detach you more from finding your soul. Venus is the ultimate teacher in helping you discover your ability to heal yourself through care and self-love. This planet will help you uncover the peace and resolution within you.

Restraining yourself from expressing your Venus sign will reflect outward. Honor the gift you were bestowed and pay homage through walking in confidence. In order to unearth your inner beauty, this requires immersion of new principles of understanding.

This will require you to destroy the personality-based need for survival, and ascending oneself into understanding the bigger picture. In other words, releasing yourself from the confines of egoic needs through emanating love for oneself and others. This is how you will shine in your utmost potential! First and foremost, you are the key to finding the beauty within.

Through discovering your Venus sign, you are given the opportunity in knowing what area of life you will find passion and beauty. There is unlimited potential within you that is waiting to be discovered. You are given this gift to see the light in your own being. It is time to lift the mask, and step forth into your own sacred beauty.

Lift the veil and open your mind to infinite possibility.

Venus in Aries

You can be seen as proud and dynamic. The fire within you is strong and boldness is your power. Venus in this expression is the representation of determination, initiative, and overall leadership. Through your warrior goddess personality, you can take on the world with great stride and confidence. You can tap into infinite potential by empowering others to complete their mission with passion and vigor. Trust in your ability to be victorious.

Self Care Routine

Through integration of your strong and evolving warrior energy, indulge your senses with peppermint oil and clove to diffuse in your space or use as a massage oil for your temples to alleviate tension and empower your resolve.

Hair/Makeup Recommendation

You are not in the least bit shy in experimenting with different hairstyles. With your amazing confidence, you can wear the trendiest haircut with ease (layered/razor haircuts).

As the warrior goddess of the zodiac, you will emit an aura so strong that many will follow your lead with a makeup palette that ranges in colors such as warm coppers, reds and browns. Step forward in your role and you will honor the goddess within.

Empowerment Tools to invoke the Goddess

Power Day: Tuesday

Crystal Recommendation: Carnelian, Red Jasper, and bloodstone

Colors: Fiery Red and scarlet

Venus in Taurus

Sensuous, sweet, and charming is your overall energy if tapped accordingly. You are gifted with Venus in her natural expression, and there is so much beauty within you that can be emanated tenfold. Beauty and nature are your ecosystem of energy. With Venus as your guide, you can learn the importance of patience and steadiness. Through your ability to practice mindfulness, you will make great strides with grace.

Self Care Routine

Your body is your temple, and through care and love, a mud mask would do such wonders for your notable neckline that the goddess of beauty herself will beam with pride. Earthy scents such as blue cypress and sandalwood would be divine.

Hair/Makeup Recommendation

As an earthy beauty, you will appreciate your natural texture. In support of wearing your hair naturally with soft layers, use a hair drying diffuser to encourage a natural wave pattern to form.

Earthy and sensual tones such as soft brown, pinks, and mauve will enhance your natural beauty assets for your makeup palette. Tapping into your natural element will help you glow in confidence.

Empowerment Tools to invoke the Goddess

Power Day: Friday

Crystal Recommendation: Green agate, chrysoprase, and rose quartz

Colors: Pale blue, pink, and red-orange

Venus in Gemini

Gemini's are light hearted, whimsical, and changeable in the most creative ways. This sign rules duality and polar opposites. They possess great communication skills, and their personality is often expressed concretely through their sense of style. This sign is represented by the twins, this symbolizes duality in order to achieve the perfect balance. Society will find inspiration and motivation in Gemini's presence because of their brilliant intellect. Your voice is your power.

Self Care Routine

In knowing that your voice is effective in driving your purpose, incorporate green tea. As the most expressive in the zodiac, figuratively with your hands, a hand cream that contains green tea will enable your skin to glow.

Hair/Makeup Recommendation

You are known to be flirty, fun, and youthful. Change does not shock you the slightest; in fact, you embrace change. As an air sign, your mind is continuously changing—as is your hairstyle. You will love to experiment with style trends, and will try anything once. Through the power of your communication, your sense of style can add a flash of additional information. Channel the air energy through integrating colors such as neon yellows, orange, or pinks (think Twiggy) for your makeup looks.

Empowerment Tools to invoke the Goddess

Power Day: Wednesday

Crystal Recommendation: Citrine, chrysoprase, and smokey quartz

Colors: Pale yellow, sky blue, and slate gray

Venus in Cancer

Cancers are best described as compassionate, nurturing, and possess such comradery to humanity. This sign values the ways of old, and have the talent of passing down their insights to others. As for the symbol of the crab, it symbolizes the need to find balance and protection to their vulnerability. Society will look to Cancers because they provide sound advice, as they old souls of the zodiac.

Self Care Routine

Venus has graced you with a décolletage that embodies sensuality and femininity. Indulging yourself with a daily massage oil with scents such as calendula and juniper berry for your breasts is essential to the health and longevity of your most appreciated asset.

Hair/Makeup Recommendation

You are typically sensitive and a homebody, you will go out of your way to be sure that your friends and family are taken care of. A medium length haircut can be fitted to your lifestyle, as you often choose to wear your hair like a glamorous Hollywood star. Your style choices are just as timeless and sophisticated as you are.

Through your soft feminine nature, you will be best received through an illuminated makeup palette. Very much like the rays of the moon. Soft pastel tones with an amazing highlighter would help you emit a magnetic aura.

Empowerment Tools to invoke the Goddess

Power Day: Monday

Crystal Recommendation: Moonstone, mother of pearl, and selenite

Colors: Light gray, silvery hues, and shimmering white

Venus in Leo

The Leo sign is often described as creative, adventurous, and bold in personality. Leos exude the most expansive presence of the zodiac through their warm energy. They are distinguished and proud in all accomplishments achieved. The lion symbolizes honor, courage, and regality; and this reminds us all to take pride in our victories. Leos inspire others to spread positivity and embrace the joys of life.

Self Care Routine

Your heart emanates such warmth, and in your beauty care regimen, this needs attention. Indulge your senses with rose essential oil (also anti-aging) and massage it throughout your heart center and upper back.

Hair/Makeup Recommendation

You take on life wholeheartedly, and for that you express your sense of style with zest. You can aspire to wear your hair like a lion's mane, with waves and volume. Invest in tools such as Velcro rollers and a curling iron in order to achieve this look.

As the showstopper, your makeup look will take your glamorous potential to another octave. Invest in a palette that enhances your royal-like aura in shades such as silver, gold, and bronze. Add a touch of sparkle to turn heads in your direction.

Empowerment Tools to invoke the Goddess

Power Day: Sunday

Crystal Recommendation: Carnelian, cat's eye, and herkimer diamond

Colors: Gold, orange, and purple

Venus in Virgo

Virgos are clever, charismatic, and timeless. Often known as the perfectionist of the zodiac, this would apply to all their goals. Virgos strive to be helpful, methodical, and reliable. The symbol of the maiden harvesting a shaft of wheat, she is most noted as someone who is observant and hard working. Society looks to Virgos advice in terms of finding flawlessness in their motivations. Working with delicacy and precision is inspirational for our society follow as Virgos lead best by example.

Self Care Routine

Your diligence in caring for others is likely to center into your core/stomach region. A body wrap with the aid of your favorite oil (i.e. coconut, almond) will do wonders with the core tension while adding relaxation. An additional benefit here is it will treat scars and dry skin.

Hair/Makeup Recommendation

Styles with intricate detail are best suited for your sign. Hairstyles such as a sleek pony tail with an off-center part are ideal for your busy days. Shoulder length haircuts are most complementary to your features.

Simple and clean goes a long way in your feminine nature. You can vouch for palettes that are simple in colors such as nudes and soft browns while sporting a glossy lip color. Your graceful approach is marveled by so many.

Empowerment Tools to invoke the Goddess

Power Day: Wednesday

Crystal Recommendation: Moss agate, white howlite, and jasper

Colors: Beige, navy blue, and pure white

Venus in Libra

Known to possess an air of grace and beauty, Libras viewpoint in life is often to strive to maintain balance. They have an appreciation to harmony, and are great at organizing social events to unify society. Libras radiate a fair viewpoint in situations, and offer impartial advice to those in disagreements. The symbol of the scales is a representation of justice and fairness in any given scenario. Libras loved ones will look to them to seek an unbiased view in any situation. Libras are reminder that we must all strive to seek the balance within us, and see life from all angles.

Self Care Routine

Through your investment of concerning others wellbeing, this can take a toll on your lower back. Through integration of ingesting Mother Nature's medicine, ginger, this will help loosen the tension. A ginger body scrub would also work amazingly, and as an added bonus will add a natural glow to your energy.

Hair/Makeup Recommendation

With your peace-loving persona, styles that are soft and wavy resonate with your personality. Like that of the scales, you can wear your hair with perfect symmetry, parting it straight down the middle. As a romantic at heart, you can try styles that are long and feminine. Through use of hair extensions, you can easily fulfill that wish. Colors that accentuates your complexion would be ideal to honor the goddess within. Strive for makeup palettes that are pastels that range in rose-gold like colors, and you will step into the embodiment of Venus in her happiest expression.

Empowerment Tools to invoke the Goddess

Power Day: Friday

Crystal Recommendation: Lapis lazuli, opal, and white jade

Colors: Pastel, peach, and soft rose

Venus in Scorpio

Deep and mysterious, and Scorpios are the most captivating of all the signs of the zodiac. They have an appreciation of truth and devotion of others. This sign wields strength, power, and transformation. The sign of the scorpion represents transmuting old ways and accelerating to a new level of being. Although Scorpios may be quiet in nature, society will look to them to seek truth and wisdom as they see through the superficialities with clear vision.

Self Care Routine

The place where life is created, the sacrum, requires love and care. Life's mystery is embodied in this region, and taking the time in honoring this gift will help you project so much beauty outward. A body cream with scents such as cinnamon and/or vanilla will awaken your sensual goddess self. Be sure to work around the sacral region, not directly.

Hair/Makeup Recommendation

As your sign represents metamorphosis, your hairstyle choices are described in a similar manner. Hairstyles that best match your mysterious personality are ones with a fringe or that support a one-eyed look, making you look mysterious at special events.

Your enigmatic aura is marveled by so many, and a palette that contains layers of mystery would be received in admiration. Strive for colors that give you free reign to rock a smoky or cat-eye look. Your sultry lips can also be best complimented by a merlot color.

Empowerment Tools to invoke the Goddess

Power Day: Tuesday

Crystal Recommendation:

Colors: Black, blue-green, and dark red

Venus in Sagittarius

The Sagittarius sign is known to be free, optimistic, and adventurous. The Archers naturally have a flair for life, and a love of exploring the new. They possess boldness in trying anything on the whim, and the need to spread joy to others. Philosophy, travel, and wisdom is most associated with this sign. The Centaur is the representation the animal nature of man that is in combination of higher learning, that is half horse, half human. Leading by example, Sagittarius are always targeting higher in pursuits of experience and philosophy in life, in addition to personifying a happy outlook.

Self Care Routine

Your hips and thighs may be quite eye-catching, and this is the one region that requires extra care to help you stride in confidence. Smoothing products with jojoba oil and/or clove oil will help buffer your skin, and will empower you to strut your stuff.

Hair/Makeup Recommendation

Known for your confidence and overall positive state-of-mind, you can sport almost any hairstyle. As the adventurous archer, you can pull off riskier styles that others cannot (i.e. undercuts, crimped hair with feathers).

Go for a range of colors that best complement each other. Sporting different colored eyeshadows for an altogether look would do wonders. For instance, aim for earth like tones (brown/bronze) with a splash of color (turquoise/pink). Be bold and adventurous, and you will honor the goddess within.

Empowerment Tools to invoke the Goddess

Power Day: Thursday

Crystal Recommendation: Apatite, kyanite, and watermelon tourmaline

Colors: Royal blue, and purple

Venus in Capricorn

Kind hearted, hardworking, and thoughtful. Capricorns approach life with great strides, and will stop at nothing to achieve their goals. Through patience and goodwill, they can take on many tasks with sound concentration. This sign's animal glyph is the Sea Goat, which symbolizes their dual nature. The fish counterpart represents spirituality, passion and connection, while the goat represents intelligence, ambition, and stability. This sign teaches society to find their inner strength and discipline in order to achieve their life's goals in steady but certain steps.

Self Care Routine

The knees are the joints that take the most pressure and, in your case, it would be best to invest in a product that contains cypress to increase blood flow and glow to your skin. The goddess will bestow continuous stamina that will ensure your take on greater strides.

Hair/Makeup Recommendation

You can aim for styles that involve a simple, no-nonsense execution to keep up with your great ambition. Try a simple blow dry style to emphasize your haircut, which would ideally be shoulder length with long layers.

Strength and achievement can be what empowers you, and acclimating a minimalist makeup look will ensure you to embody the goddess in this expression. Little to no makeup can be your go to look. Strive for a bold lipstick to be your only tool in your beauty belt, and this will help you step forward in confidence.

Empowerment Tools to invoke the Goddess

Power Day: Saturday

Crystal Recommendation: Garnet, aragonite, and black onyx

Colors: Black, eggplant, and indigo

Venus in Aquarius

The Aquarius sign is known to be innovative, friendly, and a philanthropic at heart. This sign connects with people from all the walks of life through compassion. Aquarius individuals are unconventional, independent, and have the need to express their individuality. Symbolized as a Water Bearer, it shows an adult man holding a basin and pouring water. This is a representation of pouring insights to mankind. This sign reminds us to focus on our creations, and to serve mankind through humanitarian efforts

Self Care Routine

Through your emotional investment for humanity, it is very important to take a note for your own wellbeing. Your ankles are worth noting as it supports our entire body, and this takes a toll over time. Warming cream products that contain ginseng would be heavenly for your ankle care.

Hair/Makeup Recommendation

You have the knack of spotting future trends, and you will likely try many hairstyles until you find your perfect match. Haircuts that are medium in length will be most ideal to try for your changeable lifestyle. If you are too busy to fuss with your hairstyle, fringe haircuts can work for you, while keeping your look polished.

As the futurist of all the goddesses, you can go the extra mile to try out trends before they even become mainstream. Your eyes are otherworldly, and a palette that contains an edge of futuristic tones such as electric blues and purples with a hit of shimmer would take you to the beyond.

Empowerment Tools to invoke the Goddess

Power Day: Saturday

Crystal Recommendation: Amazonite, blue lace agate, and moldavite

Colors: Any electric/neon colors, blue-green, and violet

Venus in Pisces

Pisces are imaginative, sensitive, and otherworldly. Pisces have the love of harmony, and the desire for others to coexist with one another. This sign is said to contain a certain fragment of the previous signs. Pisces are known to be the idealists of the zodiac and are prone to escapism. The symbol of the connected fish swimming in opposite directions are a representation of the soul's longing to escape from the restrictions of controlled and limited ways of being. The sign of Pisces is set to remind us to look inside ourselves, and find the peace within.

Self Care Routine

The feet bear all of our weight and without notice, you may lose track of how much you place strain. The goddess has graced you with endless sensitivity that manifests into the nerves of your feet that deserves the most care. Invest in a foot mask or scrub that contains lotus or seaweed elements.

Hair/Makeup Recommendation

You have a love of daydreaming, and through this way of being, you will love wearing your hair in a way that best reflects your imagination. Bohemian hairstyles, or styles that resemble the waves of the ocean would be complimentary to your dreamy features. The goddess casts a smile of mystique and love for all of humanity in this expression. To pay reverence to your own inner goddess, strive for complementary makeup palettes that have a touch of radiance for your skin shade. A highlighter with a pearlescent finish would accentuate your notable eyes and cheeks.

Empowerment Tools to invoke the Goddess

Power Day: Thursday

Crystal Recommendation: Aquamarine, amethyst, and green jasper

Colors: Transparent/pearlescent hues, light blue, and lavender

